

Halloween Safety Tips

Ghosts and goblins are not the only things to be concerned with on Halloween. Review these safety tips with the children in your family before the big day to ensure your little monsters get home safe.

Costume Safety

- Wear flame-retardant costumes
- Hem your costumes so you don't trip and fall
- Choose make-up over masks (masks narrow the field of vision)
- Apply reflective tape to your costume



Trick-or-Treating

- Plan your route ahead of time
- Trick or treat in familiar neighborhoods
- Carry a flashlight with fresh batteries after dark
- Always trick-or-treat in groups, accompanied by an adult
- Stay on the sidewalks and out of the streets
- Cross only at intersections and designated crosswalks
- Watch for open flames in a jack-o-lantern – review the “stop, drop, and roll” procedure in case your costume catches on fire
- Be aware of your surroundings
- Only visit well-lit houses. Don't stop at dark houses
- Do not enter any houses
- Never accept rides from strangers
- Do not eat any candy until it is inspected by an adult
- Avoid candy that has loose wrappings, is unwrapped, has puncture holes, or is homemade

Source: www.parentcentral.ca