Avalon Organics Nourishing Lavender Shampoo



Overall Product Score: 8.3/10

Highly recommended

Naturally scented with lavender essential oils. Leaves hair feeling soft and clean after each wash! Use with corresponding conditioner for optimal results.

Availability	Safety & Health	Quality
Overall score:	Overall score:	Overall score:
7/10	8/10	10 /10
Price:	1.Cancerous : 0.5/ 10	Recommended use:
\$11.96/ 32 oz bottle	2. Allergens: 4/10 3.Reproductive issues: 1/10	Gently massage a small amount into wet hair and rinse off
	4. Irritants (skin & eyes) : 3/10	Squeeze bottle
	* Each ingredient of concern is numbered and coloured according to the above categories.	No harsh sulfates No synthetic fragrances or colours
Where to buy:	Ingredients: Aloe Barbadensis Leaf Juice, Coco-	No phthalates
Noah's Natural Foods	Glucoside, Aqua (Water), Sodium Coco-Sulfate,	No parabens
Nature's Emporium	Decyl Glucoside, Glyceryl Oleate (4) , Sorbitol, Citrus Aurantifolia (Lime) Oil, Citrus Limon	Natural lavender scent
Check your local health food store	(Lemon) Peel Oil, Lavandula Angustifolia (Lavender) Oil, Calendula Officinalis Flower	Certifications:
Online: Amazon.com	Extract, Chamomilla Recutita (Matricaria) Flower Extract(Chenopodium Quinoa Seed, Lavandula Angustifolia (Lavender) Flower/Leaf/	
	Stem Extract, Babassu Oil Polyglyceryl-4 Esters, Bisabolol (2), Inulin, Tocopheryl Acetate, (1,2),	Vegan, No GMOs, Biodegradable
	Citric Acid, Sodium Sulfate, Alcoholl, Benzyl Alcohol,(2) Potassium Sorbate, (2) Sodium Benzoate (3), Coumarin, Limonene, Linalool.	
	benzoare (3), countaini, cintonene, cinalooi.	

Scores	Availability	Safety & Health	Quality
0 -5	Pricey, not found in most stores	Very toxic, hypoallergenic, cancerous ingredients and irritants	Low nutrient profile, difficult application and poor clean
6 – 7	Somewhat pricey, available in some stores	Moderate amounts	Medium
8 – 10	Reasonably priced, widely available	Low amounts	Rich nutrient profile, easy application and thorough clean