

# Fall activities for the whole family

Now that school has been back in session for a month, it's time to embrace the wonderful activities that autumn has to offer. With the beautiful fall sunshine and crisp breeze, exploring outdoor adventures near your home is a fantastic way to make the most of your weekends.

**Pumpkin Picking:** Discover a local farm with a pumpkin patch and dive into the excitement of pumpkin picking! It's a fun activity to enjoy with the kids, and don't forget the excitement of pumpkin carving. Afterward, you can even clean and roast the pumpkin seeds for a healthy and delicious snack!

**Family Picnic:** Pack a picnic and venture to your nearest park for a wonderful outdoor meal with your loved ones.

**Visit a Local Farm:** Many local farms offer a bounty of fresh fall produce. Take the opportunity to stock up on your favorite fruits and vegetables, creating a memorable farm-to-table shopping experience.

**Apple Picking:** An absolute fall favorite! Pay a visit to an orchard and choose from a variety of apples you can pluck right from the tree. The kids will love this one, and you can head home to bake an apple crisp.

**Explore a Corn Maze:** For more family fun, check out local farms that host corn mazes during the fall season. It's an adventure the kids will remember!

No matter which activity you choose, spending time outdoors during the autumn season is a wonderful way to savour the fresh air before the winter months set in. Happy fall, everyone!



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