

Cajun Spice Mix

This is a cajun spice mix with a little heat that you can make yourself with common spices found at home or fresh from your garden. For a spicier option, add the optional crushed red pepper.

Ingredients:

- 1 teaspoon pink Himalayan salt (or natural sea salt)
- 2 teaspoons garlic powder
- 2 1/2 teaspoons paprika
- 1 teaspoon ground black pepper
- 1 teaspoon onion powder
- 1 teaspoon cayenne pepper
- 1 1/4 teaspoons dried oregano
- 1 1/4 teaspoons dried thyme
- 1/2 teaspoon red pepper flakes (optional for spicy flavour)



Directions:

1. Stir together salt, garlic powder, paprika, black pepper, onion powder, cayenne pepper, oregano, thyme, and red pepper flakes until evenly blended. Store in an airtight container.



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