

# Easy Banana Paleo Pancakes

## Ingredients:

- 3 ripe bananas
- 3 eggs
- 1 cup nut butter (almond butter is our favorite!)
- 1 tablespoon ground cinnamon
- 1 teaspoon nutmeg
- Coconut oil (for cooking pancakes)

## Directions:

1. Preheat a skillet (or frying pan) to approximately 350 degrees Fahrenheit.
2. Combine all ingredients in a blender and mix well until you have a batter.
3. Grease skillet (or frying pan) with coconut oil.
4. Pour batter into small pancake shapes.
5. Cook for 2-3 minutes per side, then flip and cook for another 2-3 minutes.
6. Serve with toppings of your choice.



*Enjoy!*



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